OPEN CLOTHING TO EXPOSE BARE CHEST

Use whatever means necessary to expose bare chest. Remember to look for: Neck/Body Jewellery, Pacemaker, Hair, Moisture, Patches, Bra. Move or remove as necessary.

OPEN DEFIB

Follow Voice Prompt Instructions

DO NOT WAIT FOR DEFIB TO BEGIN INSTRUCTIONS, it will catch you up!
Upper pad above right hand breast. Lower pad below left breast and slightly around the patient's side. Use diagrams on pads as a guide.

ANALYSE RHYTHM

Make sure no one is touching the patient.

SHOCK

NOT ADVISED – Carry out CPR at a ratio of 30 Compressions to 2 Breaths for 2 minutes or uninterrupted chest compressions if you have not been trained or you are unwilling or unable to give the breaths.

The Defib will automatically begin to re-analyse after 2 minutes.

Advised?

"CHARGING"

Check head, torso, legs and feet areas of patient to ensure no one is too close or touching them.

"STAND CLEAR, PUSH FLASHING BUTTON TO DELIVER SHOCK"

In a **LOUD** and **FIRM** voice, say:
"STAND CLEAR, SHOCKING NOW"

Look up to ensure no one is approaching or touching the patient. Push flashing button to deliver shock. You only have to make this decision.

"SHOCK DELIVERED, IT IS NOW SAFE TO TOUCH THE PATIENT"

"START CPR; GIVE 30 COMPRESSIONS THEN GIVE 2 BREATHS".

Perform CPR at a ratio of 30 compressions to 2 breaths (or uninterrupted) with a depth of around 5-6cm (or 1/3 the body depth) and a rate of approx 100-120 per minute. After 2 minutes, the defib will automatically begin to re-analyse. Follow Defib voice prompts.